

## **Harvest Celebrations**

We are busy in school preparing for our Harvest Celebrations, which will take place on Thursday 26<sup>th</sup> September at 10.00 a.m. and 2.15 p.m. In order to accommodate as many people as possible and comply with fire regulations, request that only you only attend one harvest assembly and that a maximum of two family members come. Please note that we cannot accommodate pushchairs in the hall, although you are more than welcome to leave them on the playground.

As has become our tradition at The Ridge, we use our harvest to support the Black Country Food Bank and we would welcome your donations for this very worthy cause. A list of items for the food bank can be found below and donations can be brought in on Wednesday or Thursday morning.

## **Food Items**

- Milk (UHT or powder, preferably semi-skimmed)
- Sugar (500g/1kg)
- Breakfast Cereal (preferably non-sugared)
- Fruit Juice (1L carton long life)
- Fruit Squash/Cordial
- Jars Instant Coffee (small)
- Instant Hot Chocolate (preferably to be made with water)
- Pasta Sauce/Cooking Sauces
- Tin/Carton Tomatoes
- Pasta/Rice/Cous Cous 500g/1kg)
- Packets of Instant Noodles
- Tinned Vegetables
- Potato (Instant Mash or tinned)
- Tinned Meat/Fish
- Tinned Pies
- Tinned Fruit (in juice preferably)
- Tin/Carton Rice/Sponge Pudding/Custard
- Biscuits, Crackers, Crispbreads
- Healthy Snacks (Raisins, Apricots etc)



## **Non Food Items**

- Can Opener
- Shower Gel
- Shampoo/Conditioner
- Deodorant
- Anti-Bac Hand Gel
- Tooth Brush/Toothpaste
- Children's Toothbrush/Paste
- Flannel/Sponge
- Tissues (small packs)
- Nappies (all sizes)
- Baby Wipes
- Baby Lotion
- Baby Wash/Shampoo
- Sanitary Towels (not tampons)
- Toilet Roll
- Shaving Gel/Foam (not razors)
- Washing Up Liquid
- Small Boxes of Washing Powder

For more information about the Black Country Food Bank, please visit

www.blackcountryfoodbank.org.uk/about/

Over the course of the year, we support a number of charities as well as raising money for our school. We believe that it is important for the children to know about the work of charities and the people they help. However, we recognise that everyone's situation is different so please support when you can, with what you can, without feeling under pressure. Thank you.